



FEBRUARY 8, 2021

FREMONT



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FREEMONT COS AND
OUR PRIORITIES**

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MY COMMUNITY

Greetings Families,
I am Dr. Robert Whitman, Fremont Community of Schools Administrator. Each month during the Spring semester, our newsletter will highlight events and success stories within our community, along with updated information regarding COVID-19 testing and the reopening of schools.



Fremont Community of Schools

The Fremont Community of Schools comprise four Early Education Centers, 10 elementary Schools, one middle school, one high school, and four option schools nestled in the South-Los Angeles Community near the intersection of the 110 and 105 Freeways serving 9800 students.

Our Priorities

Within the Fremont Community of Schools, our school leaders take on challenges we know exist within our schools through continuous cycles of problem-solving, and reflection with teachers, counselors and administrators. Right now, our teachers are working strategically to mitigate the impact of the global pandemic through a concentration on supporting early literacy, math proficiency. We have phenomenal counselors at all levels who work tirelessly to ensure students maintain their connection to school and move one step closer every day towards earning their high school diplomas and achieving their post-secondary aspirations. Even during the pandemic, our principals and staff work hand-in-hand with families treating them as family equal partners in the school community. Furthermore, we are leveraging relationships with community organizations, such as City Year, Community Coalition, The Brotherhood Crusade, Social Justice Leadership Institute, Los Angeles Education Partnership, Chapter 2, and the UMMA Clinic to bring additional resources to students and their families. With your support, we strive to develop an identity for the Fremont Community of Schools that illustrates high student achievement and strong student and family engagement where your voices are heard within our community.

Please remain safe and healthy and we look forward to seeing you soon!

Sincerely,

Robert Whitman, Ed.D.
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COVID-19 Testing: Who Can Get Tested



WHO CAN TAKE AN LA UNIFIED COVID-19 TEST?

COVID-19 testing in the Los Angeles Unified School District is now available as we do everything we can to protect the health and safety of all in the school community.

Testing is available to:

- LOS ANGELES UNIFIED STUDENTS
- HOUSEHOLD MEMBERS OF LOS ANGELES UNIFIED STUDENTS AND EMPLOYEES
- LOS ANGELES UNIFIED EMPLOYEES
- CHILDREN PARTICIPATING IN LOS ANGELES UNIFIED CHILD CARE PROGRAMS

Schedule your COVID-19 testing appointment:
Go to: <https://lauevms.facebook.com/lauschestestingapp>

I got tested for COVID-19 at Los Angeles Unified!

To schedule yours, go to dailypass.lausd.net

Safe Steps
to Safe Schools

The testing process is simple:

1. Make an appointment online.
2. A quick-check-in upon arrival at the site.
3. The test is free and the process takes less than 10 minutes, from start to finish.
4. Test results within 24-36 hours via text and email.

Local District South COVID-19 TESTING

Free for all Students, Employees and Household Members

Please schedule an appointment at any testing sites in Local District South. Tests are free, quick and easy, personal information will remain confidential, and results are received via text/email within 24-36 hours!

Schedule your appointment today!
<https://lausd-rts.powerappsportals.com/en-US/signin>

Community of School (CoS)	Testing Site	Monday - Friday
Fremont CoS	Bethune MS	7:15 a.m. to 4:00 p.m.
Fremont CoS	Jordan HS	
Wilmington CoS	Harry Bridges SPAN	
San Pedro CoS	Dodson MS	
Rivera CoS	Drew MS	
Harbor City/Lomita CoS	Fleming MS	
Gardena CoS	Gardena HS	

February 2021
Saturday Testing from 9:00 a.m. - 3:00 p.m.

2/13/21	2/27/21
Bethune MS	Gardena HS
Carnegie MS	Dodson MS
Drew MS	Harry Bridges SPAN

[Link to schedule your COVID testing appointment](https://lausd-rts.powerappsportals.com/en-US/signin)

SAFE STEPS safe schools...

1 Commit to Healthy Behaviors

Wear your mask, socially distance and wash your hands to prevent the spread of COVID-19.



2 Use the Daily Pass

With the Daily Pass, employees, parents, and students can book their COVID-19 test appointments, get their results, answer the Daily Health Check questions and get a Daily Pass that admits you onto a campus or office.

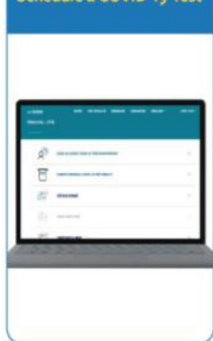


3 Get tested for COVID-19

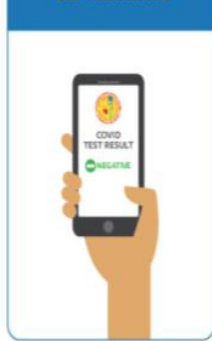
Knowing where the virus is in the community is how we know when to go back to school safely.



Schedule a COVID-19 Test



Get Test Results



Answer the Daily Health Check Questions



dailypass.lausd.net

Receive QR Code to Get Your Pass



Go to Your School and Check In with Your Daily Pass



What steps can I take to prepare my child?



Schedule a COVID-19 Test
DailyPass.lausd.net



Wearing a face mask properly



Maintain social distance



Wash your hands often



THE COMMUNITY

STAY UP TO DATE WITH THINGS IN OUR FREMONT COMMUNITY!

Tuesdays and Thursday Mornings - 8:00 - 8:45 am

Welcome
You are invited to wake up
and have morning
meditation with
Ms. Romero

Student Benefits
Reduce stress, lower bloodpressure
and increase happiness

<http://bit.ly/FremontMeditation>

Morning Meditation & Tea

Need to see a physician?
¿Necesita ver un médico?

Providence's Community Health Insurance Program

Medi-Cal

Worried about your next meal?
¿Preocupado por su próxima comida?

We can help you apply and enroll into a free to low cost health insurance program!

Podemos ayudarle e inscribirse en un programa de seguro de salud gratuito o de bajo costo!

COVERED CALIFORNIA

CalFresh

We can help you apply for extra food benefits for your household through:

Podemos ayudarle a solicitar beneficios de comida adicionales para su hogar a través de:

PROVIDENCE Health & Services

Call us to set an over-the-phone appointment /
Llámenos para programar una cita por teléfono:
310-514-4318
Or email us! o envíanos un correo electrónico:
chip@providence.org

February
Is National
Children's
Dental
Health
Month!

Dental Check-ups every 6 months is important for your child's health.

Aspire & Inspire

Los Angeles Unified Celebrates
Black History Month

Celebrating Black History Month

Superintendent Dr. Michelle King was the first African-American woman to lead the Los Angeles Unified School District. Among her major accomplishments, she raised the graduation rate. A product of Los Angeles Unified, she graduated from Palisades High School, earned her undergraduate degree at UCLA, her master's degree at Pepperdine and her doctorate at the University of Southern California.

What is your life's Blueprint?

MAKE YOUR NATION A BETTER NATION IN WHICH TO LIVE. BE INSPIRED BY THE CHALLENGES FOR FREEDOM AND JUSTICE.

Click the image of Dr. King to hear his message for kids.

Dedication & Service
Honor the military's courageous Black soldiers. Research a military family member, [Houston Adams](#), [William Wallace](#), [James Brown](#), etc. Create a movie or slide describing their life and legacy.

Divine 9
[Black Ministers and Leaders](#) have historical significance within the community. Research and create a movie/slide describing the mission of these organizations.

HB Colleges & Univ
There are 107 [colleges](#) that serve over 228,000 students. They were founded on the idea everyone deserves access to college. Research the history and mission of the university/college & create a movie/slide to share the info.

Black Visionaires
Believing in yourself is the first step to success. Research and present some [Black Visionaries](#) who revolutionized what success means. (i.e. Oprah, LeBron, Spike, Tyler Perry, Colin K. BLM founder, Angel Wilson, etc.)

FREE PARKING
You may have an additional creative idea you want to share. This is your time to create a digital unique project to share with others. Remember - it should relate to Black History.

Historical Holidays
Did you know there are over 10 [holidays](#) that honor the Black Experience and over 100 [schools](#) in the African Diaspora. Create an original digital video/slide/ppt etc that retells the history of one of those holidays.

Political Politicians
The history of Blacks participating in US politics has been revisited with the recent elections. Research and find a local, state, or [federal Black Politician](#) you can present in to in a digital presentation.

Afro-Latinos & Caribbeans
Latinos come in many colors. Black History Month is a time to celebrate that diversity. Research the history of [Afro-Latinos](#) in North, South, & Central American and Caribbean Countries. Present your information in a digital presentation.

These projects are meant to educate each other about the contributions of African Americans to our society. ALL STUDENTS are invited to complete one or more activities and upload them to a link which will be shared school-wide.

Upload your projects between [Feb 19 - Feb 12, 2021](#)

bit.ly/FremontBlackHistory

Don't miss out on any updates from the Wilmington community! Click on the icons!

